

# Ilenia Ferdico

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[Digitare il sito Web]



## Profile

I'm an enthusiastic pastry chef apprentice specialized in food intolerances. I have a strong sense of aesthetics, and a good work ethic. I'm highly empathic and I easily integrate constructive feedback

## Education

2017

May ——— **International Master of Gluten Free and Food Intolerances**  
*World Gluten Free Chef Academy*  
F. Favorito Pastry Chef WITH Paideia Cooking School, Milan

2016

April ——— **Vegan Cakes – “A tutto torte vegan” specialization course**  
Ratatuille (Turin, Italy) F. Trevisson

2015

Sept. ——— **Vegan Pastry Course with Tony Rodriguez Pastry Chef**  
Ratatuille (Turin, Italy) meets Lujuria Vegana (Lisbon, Spain)

July

——— **Summer School Gambero Rosso**  
Bardonecchia, F. Ugetti Pastry Chef WITH Città Del Gusto, Turin

Feb.

April ——— **Gambero Rosso Professional Pastry Chef Course**

Città del Gusto, Turin Final Mark: 98/100

2008

July ——— **High School Diploma in Classics**  
Final Mark: 100/100

## Work Experiences

2017 January | February >**sale assistant** and **window dresser**

Pasticceria Via Dalla Spiga | 13, Viale San Michele del Carso 20144 Milan, Italy

**2016 October | December >sale assistant**

Ecliss, Milan | 73, Ripa di Porta Ticinese 20143 Milan, Italy

**January | March >commis pastry chef**

Pasticceria Bizzi | 27 bis, Via Baretti 10125, Turin, Italy

**2015 October | December >pastry chef**

Crudo Osteria Contemporanea | 74, Via XX Settembre 10122, Turin, Italy

**September >internship commis pastry chef**

Pasticceria Gerla1927 | 88, Corso Vittorio Emanuele II 10121, Turin, Italy

**May | September >internship ice-cream maker/vendor**

Gelateria Ottimo! | 6/c, Corso Stati Uniti 10128, Turin, Italy

**2014 October | December >internship commis pastry chef**

Bar Ester | 113, Via Palagonia 90011, Bagheria –PA, Italy

## Language Skills

	Speaking	Reading	Writing	Listening
<b>ITALIAN</b>	MOTHER TONGUE			
<b>ENGLISH</b>	B2	C1	B1	B1
<b>DANISH</b>	A1	A2	A1	A1
<b>SPANISH</b>	A1	A2	A1	A1

## Other informations

I'm certified as shiatsu operator (III level, Accademia Siciliana Shiatsu Do –Palermo, Italy) and as make-up artist (Make Up Training –Palermo, Italy).

I love spending my leasure time walking in nature or experimenting new food recipes.

I practice Ashtanga Yoga, Pilates, Gyrokinesis, and meditation.

I really like to swim, sing and dance. I'm addicted to arts, in particular opera, dance theatre and photography. I have a remarkable sense of style and I often make my own jewelry.